



# Where to Find Recipes?

Visit these sites for cooking tips, videos, and delicious recipes that the whole family will enjoy!  
Each of these are reliable websites and include nutrition facts with each recipe.

[Kansas SNAP-Ed EZ Does It \(recipe videos\)](#)

[Food Hero \(Oregon State University\)](#)

[Kids a Cookin' \(recipe videos\)](#)

[Recipes Using TEFAP Foods](#)

[Spend Smart Eat Smart \(Iowa State University\)](#)

[eatFresh.org](#)

[ChooseMyPlate \(USDA\)](#)

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